

International Women's Day—March 8, 2010

Suggestions for celebrating International Women's Day:

- Invite your parish and other houses of worship to remember mothers, sisters, daughters and friends and to join you in prayer on March 8.
- Join the UN Campaign [Say No-UNiTE-End Violence](#) against Women (*UN Languages*)
- Send [International Women's Day greeting cards](#) to family and friends.
- Test your knowledge. Take UNESCO's "[Gender Equality Quiz](#)."
- Explore this year's theme "**Equal Rights, Equal Opportunities: Progress for All .**" Organize teach-ins, workshops, cultural events, coffees, teas, and other activities.
- Encourage teachers, campus ministers, and youth group leaders to explore ideas about women and girls with young people.
 - UN CyberSchoolBus has developed an [International Women's Day Curriculum](#).
 - UNICEF's [Voices of Youth](#) provides space for young people to discuss gender equality. (*UN Languages*)
 - Learn more about the [Girl Effect](#).
 - Get youth involved in support of the [Millennium Development Goals](#) (*UN Languages*) especially those goals that promote gender equality and empower women and girls.
 - Participate in this year's [Global Campaign for Education](#). (*English, German, Spanish*)
- Integrate gender issues into your work in the field of education. [UNESCO](#) offers teaching methods, learning tools, case studies, synoptic PowerPoint presentations, guidelines and so much more.
- Contact government officials and leaders—local, national or international. Tell them to do all that they can to end discrimination and violence against women and girls.
- Learn more about international treaties which protect the rights of women and girls and find out if your national government has ratified each of these important instruments.
 - [Convention to End All Forms of Discrimination Against Women](#) (*UN Languages*)
 - [Protocol to Prevent, Suppress and Punish Trafficking in Persons, Especially Women and Children, supplementing the United Nations Convention against Transnational Organized Crime](#) (*UN Languages*)
 - [Convention on the Rights of the Child](#) (*English, Spanish*)
- Join the UN Millennium Development Campaign and promote the accomplishment of the [Millennium Development Goals](#), especially those directly related to women and girls.
- Join women from around the world as they follow the work of [54th Session of the Commission on the Status of Women](#), March 1-12 as they observe the 15th Anniversary of the Fourth World Conference on Women and review progress made in accomplishing the Beijing Platform for Action..

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